

Terri Ehlert (RMT, CHT, RTC)
Therapist and Educator
418-8346



- *Astrology Readings *Clinical Hypnotherapy *CranioSacral Therapy
*Traditional Japanese Reiki *Private Consultations *Group Presentations

Pendulum Power and Energy Dowsing

A unique, practical introduction to the powerful and ancient art of energy dowsing. Discover how to access information and get clear, specific answers to all your questions. You'll explore the different aspects of dowsing and learn how to fine tune your pendulum skills to provide wisdom and guidance in your daily life.

Date: Wednesday, February 27

Time: 7:00 – 9:30 p.m.

Investment: \$35 (includes detailed manual)

Pre-Register: by calling Terri at 418-8346

Traditional Japanese Reiki Workshop

Reiki (pronounced "ray key") is a natural method of healing suitable for people of all ages and abilities. Whether you're looking to ease the effects of chronic illness, or are simply feeling fatigued and would like more energy on a daily basis, Reiki may offer the help you seek. In this exciting weekend workshop you will learn how to apply Reiki healing for yourself and others, plus many other valuable techniques and tools. If you would like to become a Reiki practitioner, whether for your own healing and growth ... or to treat family, friends, and others ... then consider enrolling. This gentle, yet powerful tool for self-transformation may prove to be the best investment in yourself that you've ever made!

Date: Friday, March 7 to Sunday, March 9 (3rd Degree continues Monday)

Time: Friday: 7:00 - 9:30 PM; Saturday, Sunday and Monday: 10 AM - 5 PM

Investment: 1st Degree: \$175 (Friday and Saturday)

2nd Degree: \$350 (Friday, Saturday, and Sunday)

3rd Degree: \$350 (Friday through Monday)

Master/Teacher Training: Please inquire

Pre-Register: by calling Terri at 418-8346

Note: Recommended format is 1st and 2nd Degree taken together (\$450; for a savings of \$75).

Maximum enrolment per class is 4 students. A detailed Reiki manual is included in the registration and ongoing support is provided. **Additional workshops can be offered upon request.**

Dream Power

Wake up dreamers! Are you curious about your dreams and want to learn more? Do you feel your dreams carry messages but you don't know how to make sense of them? This workshop will introduce you to the language and messages of dreams. You'll learn the what, why's and how's of dreaming and then be able to use this information to improve your self-awareness and change your life for the better!

Date: Wednesday, March 19

Time: 7:00 – 9:30 p.m.

Investment: \$35 per person (includes dream guide)

Pre-Register: by calling Terri at 418-8346

Aromatherapy

Learn a variety of ways in which essential oils can be used in your home, work and leisure environments. Discover easy, cost-effective gift ideas for family, friends and for all those special occasions. Then put on your magician's hat and have some fun creating "Scent-Sational" aromatherapy blends to take home with you.

Date: Saturday, April 12

Time: 10:00 a.m. – 3:30 p.m.

Investment: \$55 (Includes manual and all supplies)

Pre-Register: by calling Terri at 418-8346

Astrology Reports and Readings

Throughout our lives there are cycles of change ... some challenging, some easy. Astrology can help you understand and get the most out of these cycles with greater clarity, self-awareness and conscious choice. Far more than a fortune telling device, astrology helps a person understand their potential gifts and challenges. Astrology also empowers people by helping them understand who they are, where they've come from, and how to best navigate the future to create the life they want. Terri provides Astrology reports for yourself or as a great gift to give to others for all those special occasions.

Private readings are available, by appointment, by calling Terri at: 418-8346.