

The Amazing “Original Chi Machine”

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If you have problems with:

- Lack of exercise and bad circulation
- Tired and sore muscles
- Poor digestion, constipation
- Arthritis, back pain, bone spurs
- Nervousness, general pain and insomnia
- Poor functioning of internal organs
- Asthma and tracheal inflammation
- Period pains, anemia
- Many chronic conditions
- Being overweight or many other ailments

The Sun Ancon “Original Chi Machine” is for you! The Chi Machine is the culmination of 38 years of research and development by Dr. Shirzuo Inoue.

What Does the Chi Machine Do?

The simplistic nature of the Chi Machine is they key to health. It speeds detoxification and healing. In just 15 minutes it gives the equivalent oxygen benefit of 4 hours of walking. It firms hips, thighs, and abdomen and supports weight loss.

The synchronous figure-8 motion has a marked beneficial effect upon the human body, relaxing nerves and muscles as well as relieving tension in the back, neck, and shoulders. It rejuvenates every aspect of your body while you just lie on the floor (resting your ankles on the machine), breathe deeply, relax and think positive thoughts for 15 minutes. It promotes more restful sleep.

Oxygenation takes place through the following process: The motion generated in the body by the Chi Machine stimulates and relaxes the sympathetic nervous system. This reaction, in turn, causes the bronchi and alveoli (tiny tubes which branch out from your lungs) to relax and expand. Once in the circulatory system, the oxygen travels to every cell in your body.

The Five Main Features of the Chi Machine

- 1. Full Body Exercise:** Provides a workout for the whole body.
- 2. Ease of Use:** Your workout is done as you lie down, relax and let it happen. The Chi Machine rocks the entire body from side to side in a gentle undulating motion. The machine can be used at any time or place.
- 3. No injury:** No pressure or tension is applied to any part of your body. You are fully supported. Heart rate and blood pressure do not increase.
- 4. Maximum Workout – Minimum Time:** Provides a convenient way for busy people to cultivate a vital exercise habit. You receive the equivalent oxygen benefit of 90 minutes of walking in only 15 minutes.

5. Portability: The Chi Machine is a lightweight, mobile unit for ease of transport.

The Six Major Benefits of the Chi Machine

1. Cellular Activation: Massage stimulation to the sympathetic nervous system opens up the bronchioles to provide maximum oxygen access to the lungs, simultaneously the blood flow to and from the lungs is increased, enhancing oxygen exchange from the lungs is increased, enhancing oxygen exchange from the lungs to the blood and therefore to the body cells, to excite cellular metabolism.

2. Spinal Balancing: With the body relaxed in the lying position with no weight on the spine, the massage unit will influence a correction to certain conditions of misalignment. Such corrective action can in turn cure or alleviate complications arising in vertebrae joints from certain spinal misalignment.

3. Improving the Immune System: The Chi Machine stimulates globulin production which increases the immune system's defense capacity thereby providing greater freedom from disorders and disease.

4. Blood Production: Blood is produced in the spleen and spinal bone marrow. Reduction of the spleen's blood production can arise from the spleen's susceptibility to damage. The Chi Machine's action on the spine stimulates the sympathetic nervous system which increases spinal "marrow" blood production. Any form of anemia can benefit from this massage action.

5. Restoration of Balance to the Autonomic Nervous System: If the parasympathetic and sympathetic nervous systems fail to ensure balance of function, insomnia, digestive problems, stomach pain, palpitation, anxiety, constipation, neurasthenia and extensive forms of aches and pains as well as mental stress may surface. The influence of the massager on the sympathetic nervous system can restore the vital balance to the nervous system, resulting in restoration of health from such conditions.

6. Exercising Internal Organs: Western medical science is beginning to consider ancient eastern traditions that focus healing and good health on a life force energy which flows in channels through all living forms. Acupuncture and associate therapies are being increasingly used by eastern practitioners to "invigorate" the life force energy flow to restore health to unhealthy organs. The Chinese refer to this energy as "Chi". The Chi Machine will aid in unblocking the "Chi" pathways and ensure a maximum flow of healing source, through all body organs, to restore normal or improved functioning to impaired organs and body systems related to such organs.

Experience the benefits of the Chi Machine by calling Terri at (780)418-8346. Terri has the "HTE" Original Chi Machine and Infrared Hot House from Ancon HTE Canada and is an independent distributor for them.